

**ST LEON MENS FELLOWSHIP WELCOMES**  
**COURTNEY REARDON KECHIJIAN**  
**TO PRESENT “A MOUNT EVEREST EXPERIENCE”**



Courtney is an engaging and accomplished young woman, with a business career on Wall Street. Her husband, Doug Kechijian is her coach and former Air Force Pararescue jumper.

In May 2018, Courtney became the 68<sup>th</sup> American woman to summit Mt. Everest and survive; globally she is the 475<sup>th</sup> woman to accomplish that feat. Courtney will give the audience a rare and remarkable up-close view into the physical and mental preparation, process, and purpose that led to and enabled this accomplishment.

Get all your questions answered on this evening: How does one overcome fear and self-doubt? What is the most challenging part? Can you sleep in a tent at an elevation of 27,000 feet on the day before the summit push? Is it more difficult to descend the mountain? Describe the summit peak area.

**WHEN: FRIDAY NOVEMBER 30<sup>TH</sup> Promptly AT 7:00 PM Lecture followed by Q & A**

**WHERE: ST. Leon Armenian Church, Fair Lawn, N.J. - ABAJIAN HALL – Free admission.**

**SELL OUT EXPECTED -RESERVATIONS AND TICKETS REQUIRED AND AVAILABLE ONLY THROUGH INTERNET AT: <https://everestexperience.brownpapertickets.com>**

**Light refreshments will be served.**